

# FY25 ANNUAL REPORT

...empowering parents to break generational patterns & create safer, more supportive environments where children flourish

## How We Helped Children

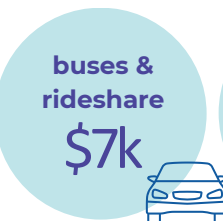
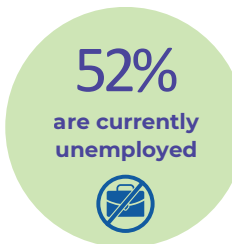
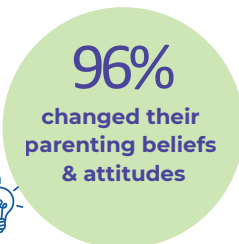
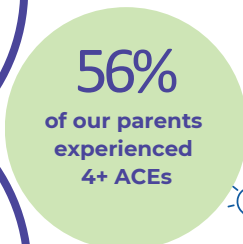
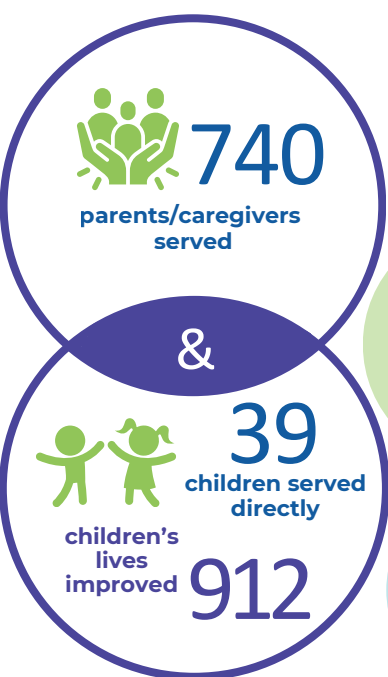
**Positive Parenting...Plus!** - weekly parenting groups providing skills, knowledge, & support

**Nurturing Families** - 1:1 family sessions helping families identify goals & create safe, stable, nurturing relationships

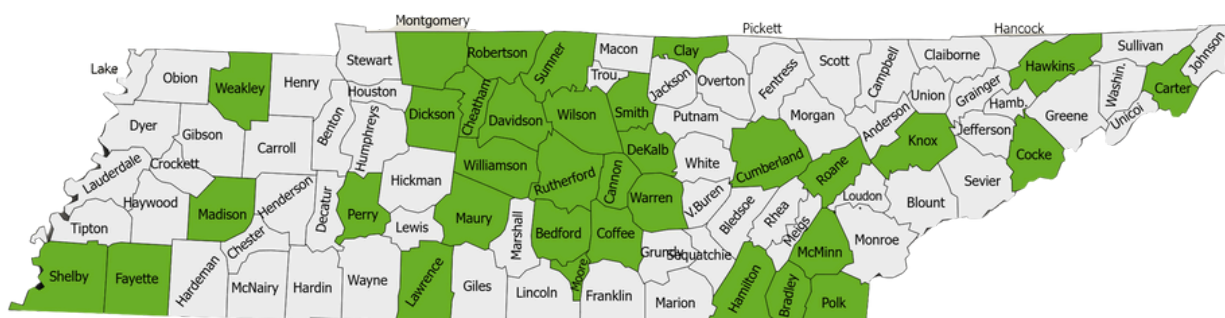
**Community Connections** - comprehensive 2Gen assistance for qualifying low-income families focused on increasing parental self-sufficiency & safer, more stable environments for children

**Teen Parenting Collective** - weekly parenting groups on-site at MNPS high schools for current or expecting student parents

**CoParenting** - reintroducing monthly sessions for parents whose children live across two homes



## We Help Children/Families Across Tennessee

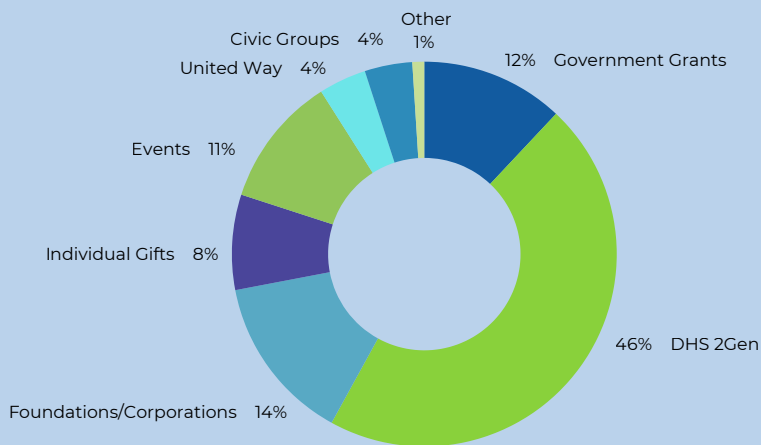


In FY25, we supported children & families in 34 counties across Tennessee, a 62% increase from FY24...

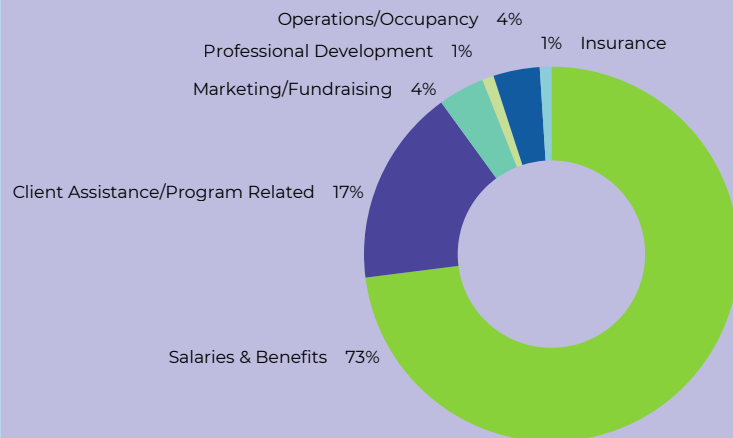
**plus** supported children & families virtually in:

- California
- Illinois
- Kentucky
- Missouri

# FY25 REVENUE



# FY25 EXPENSES



## Investing in Raising Resilience TN *Changes Children's Futures for the Better!*

When children grow up in safe, stable, & nurturing homes they're more likely to succeed in school, thrive in the workforce, & become active, contributing members of their communities.

All of our programs are provided at **no cost** & are incredibly **cost-effective**, considering the alternative:

- child abuse/toxic stress cost Tennessee over **\$5 billion** every year in medical expenses & lost productivity
- lifetime costs of toxic stress for just one child is estimated at **\$284,975**
- the economic impact of child abuse statewide is approximately **\$3.3 billion** annually



In comparison, Raising Resilience Tennessee provides life-changing support for an average of just **\$1,316 per child or family** each year.

- The Sycamore Institute (2021); Haslam College of Business, UTK

Research demonstrates the long term, negative consequences of toxic stress on developing brains. **ACEs (Adverse Childhood Experiences/Adverse Community Environments)** can impact brain architecture & epigenetics.

Yet there's **HOPE!**

Advances in research show **Positive Childhood Experiences (PCEs)** buffer ACEs. Our programs ensure children & families (along with organizations like schools, jails, courts, government agencies, etc) have the education, skills, and support needed to better prepare children for future success!



More ACEs = Increased Risk

As the number of ACEs increase, so does the risk for negative outcomes

## PCEs

- able to talk w/family about feelings
- feel family supports them in difficult times
- enjoy participating in community traditions
- feel a sense of belonging in high school
- feel supported by friends
- have 2+ non-parent adults who care
- feel safe/protected by an adult in the home

